



zest

GYM CLASS SCHEDULE

MON

AQUA

9.30AM - 10.15AM

FITNESS CLASS

6PM - 6.45PM

TUE

MEMBER ASSESSMENTS

WED

AQUA

9.30AM - 10.15AM

FITNESS CLASS

6PM - 6.45PM

THUR

MEMBER ASSESSMENTS

FRI

AQUA

9.30AM - 10.15AM

BOXFIT CLASS

7PM - 7.45PM

057 863 1219 • ZEST@THEKILLESBIN.COM

Só
HOTELS